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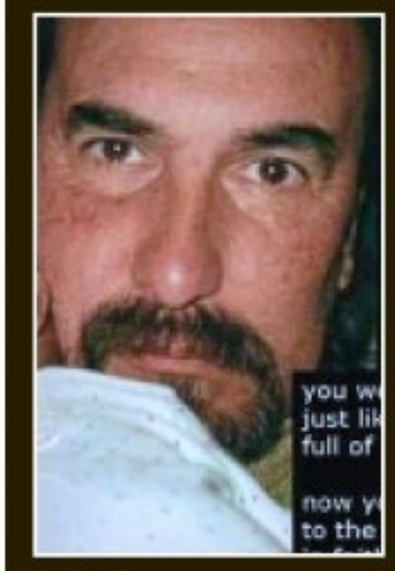
TRANSIT TRAGEDY

‘It’s just surreal to think that you can lose your life … just driving a bus’


Irvine Fraser. FACEBOOK

Braeden Jones
Metro | Winnipeg

Winnipeg transit operators don’t feel safe, least of all during the late shift, and even less so after one of their own was killed near the University of Manitoba Monday night.

Following the fatal stabbing of bus driver Irvine Fraser — a 58-year-old Winnipegger former co-workers say was “always smiling” — a small group of transit operators huddled together in Winnipeg City Hall and listened to civic leaders address the tragedy in front of the media.

They heard chief transportation and utilities officer Dave Wardrop talk about increased safety on buses brought about by cameras and spot checks from cadets, uniformed and undercover Winnipeg Police Service officers.

They heard him explain the long-term trend shows “decreasing assaults,” and that this incident is “the first time that a Winnipeg bus driver or Winnipeg bus operator has been killed as a result of an altercation.”

They heard Mayor Brian Bowman offer “deep condolences” to Fraser’s friends, loved ones and colleagues.

Bowman acknowledged it’s a “sad day,” but, upon the advice of Police Chief Danny Smyth, said he will wait for “the investigation to conclude before reaching any conclusions” about whether or not there’s a safety problem on city buses.

“I think it’s important we have the facts,” Bowman said.

Nelson Giesbrecht, one of the transit employees within earshot, said all he knows is that his “fellow brother was murdered for doing his job last night.”

Giesbrecht said Fraser was a “family guy,” who was “always happy and always in a good mood”; and, much like himself, the kind of bus driver who would forget about a fare for someone who “needed a ride.”

More than mourning Tuesday, and beyond being “shaken up,” Giesbrecht said he’s “sh–scared” to get behind the big wheel again.

But that fear isn’t totally new, just amplified, as it isn’t wholly driven by Monday’s incident. The 19-year veteran bus driver said he personally felt unsafe driving the bus at night, and after a brief stint on the late shift he moved to days.

He’s not alone, either. Other operators who preferred not to be named said similar things, adding that more could be done to protect drivers.

“It’s just surreal to think that you can lose your life … just driving a bus,” added John Callahan, president of the Amalgamated Transit Union Local.

“We’ve talked about driver security for a long time and we always worried about this — the worst-case scenario — and it’s actually happened.”

WITH FILES FROM THE CANADIAN PRESS

More on the homicide, p. 2

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TRANSIT TRAGEDY

Police search for evidence in the fatal stabbing of bus driver Irvine Fraser. CANADIAN PRESS

Police to review footage of stabbing

Investigators believe lone passenger had a weapon

Braeden Jones
Metro | Winnipeg

Police have released scant details surrounding the fatal stabbing of a Winnipeg Transit bus driver, but investigators are working on piecing it all together.

What they do know is that 58-year-old Winnipeg Transit employee Irvine Fraser reached the end of his route and late shift shortly before 2 a.m. Tuesday.

He parked his bus at a transit stop on Dafoe Road West near Gillson Street in the heart of the University of Manitoba campus, at which point he was "alone on the bus" with just "one passenger," according to police chief Danny Smyth.

A confrontation ensued. Based on Fraser's injuries, police believe the lone passenger must have produced an "edged weapon," and assaulted the bus driver.

Police and first responders found Fraser near pools of blood and badly wounded. He was rushed to the hospital in "critical condition," but couldn't be saved and died shortly later.

Smyth said he can't definitively say just yet "what led up to the attack," but that investigators are working on figuring that out.

Fortunately, whatever transpired was most likely caught on camera. All Winnipeg Transit buses have four or five closed circuit security cameras on board.

Smyth said "investigators need to review the footage that would have been captured" before he can say any more about what took place.

"I think it's important investigators have some time to determine what happened so we can put this into context," he said.

For now, he can confirm that police were on the scene "within moments" of the initial emergency call, and witnesses on the campus helped point responding officers in the direction of a potential suspect who fled the scene.

Members of the police service's canine unit pursued the suspect, eventually catching up with him and making an arrest as he tried to cross the frozen Red River near campus.

A 22-year-old male is currently in police custody.

Smyth said he will shed more light on the incident at a subsequent briefing.

Smyth said "one incident" should not discourage families from riding the bus.

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metro NEWS

Your essential daily news Lead plaintiff in '60s Scoop lawsuit, Marcia Brown Martel, says decision makes for a "better country." **Canada**

'We want to make here our home'

REFUGEES

Asylum-seekers describe tough three-continent trek

Mohammed, from Ghana and who did not want to be identified, shares an apartment in Winnipeg with five other men from Africa. He is seeking asylum after walking across the Manitoba border. JOHN WOODS/THE CANADIAN PRESS

The perilous walk through frozen fields at the border between the United States and Manitoba was just the latest chapter of a three-continent, danger-filled journey for Mohammed and Mamood, two of the growing number of asylum-seekers who are hoping for a new life in Canada.

They say they had already walked through South American forests, crammed into over-filled boats, spent months in detention centres in the United States, and paid high fees to those who provided transport.

It was to escape what they say is the threat of death back in Ghana.

"We are not here to cause problem or something. No, we want to make here our home because we have lost our home. We have no place," Mohammed said Tuesday as he sat in the small two-bedroom apartment that serves as a temporary shelter for him, Mamood and four other recent arrivals. One bedroom has two sets of bunk beds with barely enough room to walk in between.

The two men agreed to talk about their experience but asked that their last names not be used for fear that their friends and family in Ghana may suffer.

> **"There's some waters that you have to pass through ... when you come out, your leg will be like frozen.** Mohammed

Mohammed — a slight, friendly 31-year-old — says he left Ghana in 2014. He flew to Brazil, then to Ecuador, and started making his way further north through Colombia and Panama. He took buses or walked, sometimes through the night, he said.

He recalls going through thick forests and at one point, getting on a crowded boat for a seven-hour trip further north, hiding under a plastic tarp with others.

"You have to pay the fisherman, so you pay I think $600 and they smuggle you at night."

He eventually got to the United States at a border crossing south of San Diego, he says, and was immediately detained for 10 months. By February 2016, he was released, and later lived in New York, where he learned his application to stay in the U.S. had been denied.

In late November, he decided to go to Canada and took a bus to Minneapolis on the false assumption that the city was close to the Canadian border. It was at the Minneapolis bus station where he met Mamood, he says.

"We speak the same language, so we talk and he said he is going to Canada ... and I said, 'We can just go together.'"

Mamood, two years younger and somewhat taller than Mohammed, tells a similar story — a lengthy trek through Central America, making a refugee claim after getting to the United States, being detained for several months and eventually fleeing toward the Canadian border when his refugee application was denied.

Because both men had first applied for refugee status in the U.S. they would be turned back at an official border crossing under the Canada-U.S. Safe Third Country Agreement. If they managed to get on Canadian soil and were then arrested, they could stay while their refugee applications were processed.

At the Minneapolis bus station, the men say, they were shocked to learn they were at least a six-hour drive from the Canadian border. A cabbie charged them $600 each to take them to the area just across from Emerson, Man. — a community that has become a hot spot for illicit crossings in recent weeks.

They ended up being dropped off near a sugar factory that turned out to be a seven-hour walk to the border. The say they dressed in multiple sweaters and jackets. It was relatively mild weather for late fall on the Prairies, but they occasionally got wet and very cold. "There's some waters that you have to pass through ... when you come out, your leg will be like frozen," Mohammed said.

Eventually, they crossed through a field on the border. It was after midnight when they reached a hotel in Emerson.

"We pushed the door, it was open. And we just entered and sleep in the corridor until one and a half hours (later), the guy came and he called police for us," Mohammed said.

THE CANADIAN PRESS

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Developers join fee fight

DEVELOPMENT

Home builders say new fee 'discriminates'

Stephanie Taylor
Metro | Winnipeg

Two major players in Winnipeg's development industry have added their names to a legal effort to quash the city's new growth fees policy.

Ladco and Qualico each filed a notice of application at Manitoba's Court of Queen's Bench in late January, requesting a judge to cancel the fees, which come into effect May 1.

The Manitoba Homebuilders' Association and the Urban Development Institute (UDI) — which both Ladco and Qualico are members of — launched a legal challenge against the city after council passed an impact fees policy last October.

The pair of development groups argue the city lacks the legal authority to impose the new fees without provincial approval.

New homes on the east side in Winnipeg. Developers building new homes on the outskirts of the city will be the first to pay the growth fees, beginning in May. LYLE STAFFORD/FOR METRO

They also say the bylaw is an "indirect tax" on homebuyers and is "discriminatory" since it only applies to some, not all, new homes.

Eric Vogan, head of UDI and vice-president at Qualico, explained he filed separate applications in order to address specific concerns impact fees raise for developments in Sage Creek and Ridgewood West.

"The impact fee ignores the existing development agreements and the existing secondary plan in Charleswood from my point," he said in a recent interview.

"I just want to make doubly sure that those concerns are made evident to a judge," he said in a recent interview.

For example, Vogan said he's concerned about the money the company is spending to build arterial roads in Sage Creek.

The application filed by Ladco similarly argues that even if a judge rules the city has power to impose the new fees, the company has pre-existing development agreements with the city to cover the costs of off-site infrastructure and "the (city) has no authority to collect twice for the same costs."

The application also argues the policy "discriminates" between the different types of development by "exempting commercial, office, industrial and institutional developments from the impact fee."

Developers building new homes on the outskirts of the city will be the first to pay the fees beginning in May, which will mean an extra $9,500 for a new 1,800-square-foot home.

Over the next two years, developers of commercial, industrial and infill properties across the city, including downtown, will be charged the fees.

A first court appearance has been set for next Tuesday.

GARDEN CITY

Watchdog to probe death of man in custody

The provincial police watchdog is investigating after someone died in police custody last weekend.

According to an Independent Investigation Unit press release, police responded to a "disturbance" at a Garden City home on Feb. 12.

Officers visited the home after a man said he wanted a male suspect removed. A "struggle ensued" and the suspect was taken into custody.

The Winnipeg Fire and Paramedic Service was contacted and the suspect was transported to Seven Oaks Hospital where he was pronounced dead.

The Independent Investigation Unit — which investigates all serious incidents involving police officers — has taken over the file.

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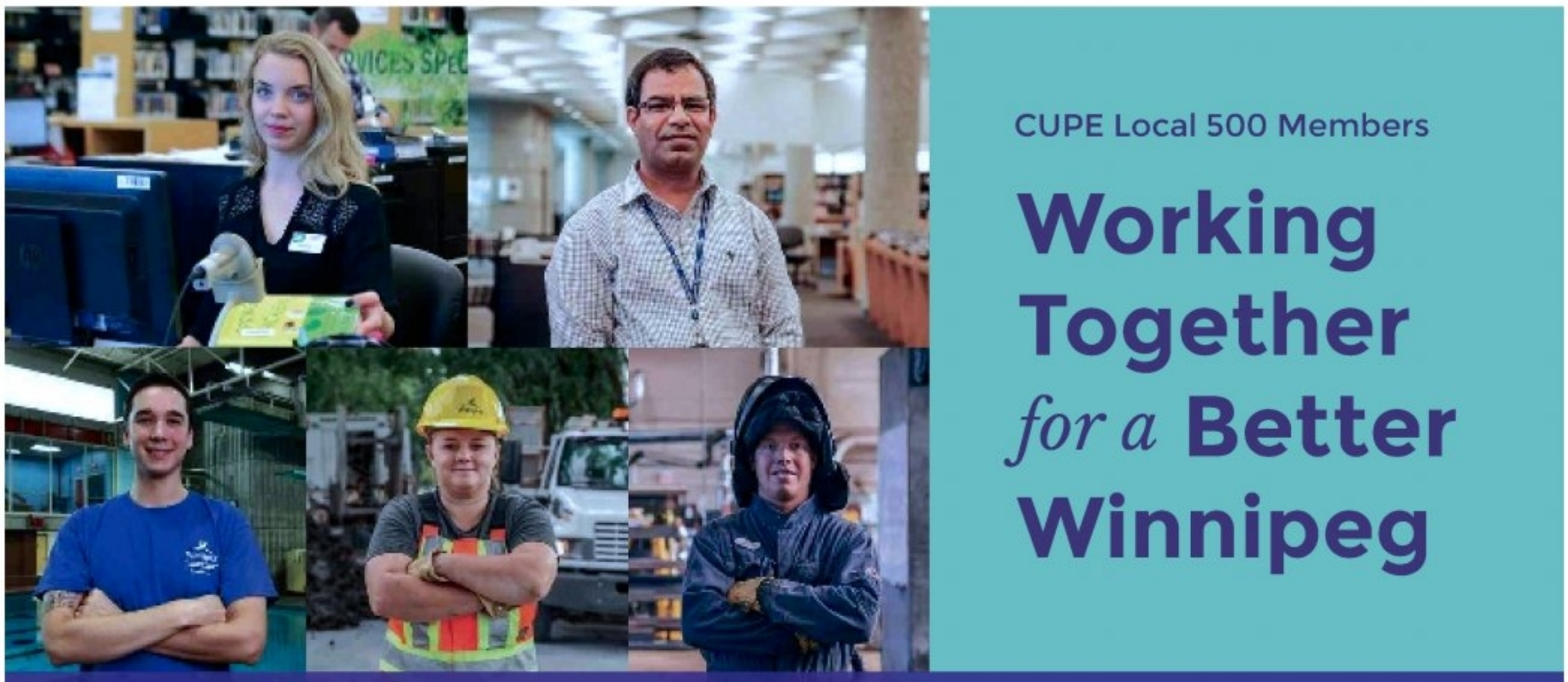
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Beaverhouse First Nation Chief Marcia Brown Martel is the lead plaintiff in an Ontario class-action suit. A judge ruled Tuesday in favour of 16,000 indigenous Ontarians who were removed from their communities in the Sixties Scoop. THE CANADIAN PRESS

'Great harm was done'

SIXTIES SCOOP

Judge sides with survivors in groundbreaking decision

After trying for eight years to have a class-action lawsuit brought by Ontario survivors of the '60s Scoop thrown out, the federal government was dealt a blow Tuesday in a stinging ruling by a Toronto judge who found in the survivors' favour.

The government had a "common law duty of care" to take reasonable steps to prevent on-reserve children from losing their indigenous identity after they were removed and placed in non-indigenous care between 1965 and 1984, concluded Superior Court Justice Edward Belobaba.

"Canada breached this common law duty of care," the judge said.

It's believed there are at least 16,000 survivors of the '60s Scoop in Ontario, who have spoken of psychological harm as a result of the loss of their cultural identity, which has affected them throughout adulthood.

"The Sixties Scoop happened and great harm was done," Belobaba wrote in his 20-page ruling.

"The uncontroverted evidence of the plaintiff's experts is that the loss of their aboriginal identity left the children fundamentally disoriented, with a reduced ability to lead healthy and fulfilling lives. The loss of aboriginal identity resulted in psychiatric disorders, substance abuse, unemployment, violence and numerous suicides."

The victory — the first for a '60s Scoop lawsuit in Canada — after years of legal wrangling was hailed by the plaintiffs and indigenous rights groups, who acknowledged this is not the end of the case.

The lead plaintiff, Marcia Brown Martel, 53, a member of the Temagami First Nation near Kirkland Lake, Ont., was adopted by a non-aboriginal couple in 1972 at age nine. She later discovered the Canadian government had declared her original identity dead.

"I feel like a great weight has been lifted from my heart," Brown Martel said. "Our pain was acknowledged."

TORSTAR NEWS SERVICE AND THE CANADIAN PRESS

EDUCATION

Liberals write off $178M in loans

The federal government for the second year in a row is writing off millions in student loans it will never collect, this time to the tune of $178.4 million.

The money represents 32,554 loans that federal officials believe they will never be able to collect, either because a debtor may have filed for bankruptcy, the debt itself has passed a six-year legal limit on collection, or the debtor can't be found.

Last year, the government wrote off 33,967 loans totalling $176 million.

Federal officials have increased their efforts in recent years to collect outstanding student loans after watching write-offs hit $312 million in 2012 and $295 million in 2015.

The previous Conservative government ordered officials to ramp up collection efforts in order to bring the write-offs under control.

The Liberals' first budget offered a new tool for the Canada Revenue Agency in its collection efforts: legal changes allowing it to use tax information for the purpose of collecting debts from the student loan program overseen by Employment and Social Development Canada.

Figures provided by the CRA late last year showed the agency collected $208.8 million in unpaid loans, a three per cent increase in collections between 2015 and 2016.

The CRA is responsible for collecting loans in default and can do so by withholding income tax refunds to cover the outstanding amount, or by referring cases to the attorney general for legal action — which could lead to garnisheeing wages or seizing assets.

THE CANADIAN PRESS

Generations are divided on democracy

Ryan Tumilty
Metro | Ottawa

Younger Canadians want a more open, more diverse political system than their older counterparts, according to the government's survey on electoral reform.

The mydemocracy.ca survey Ottawa unveiled last year didn't ask the question directly, but it was meant to gauge Canadians' support for a change to the voting system.

The government ultimately announced that no voting reform would be forthcoming.

The online questionnaire surveyed more than 380,000 Canadians on topics around the structure of Parliament and voting mechanisms.

While on some issues there was agreement between old and young, on others there was a wide generation gap.

While 53 per cent of Canadians aged between 18 and 29 favoured putting special measures to ensure parliament reflected Canada's diversity, only 38 per cent of people over 65 endorsed that idea.

> **The worst-case scenario we can have is that a generation has checked out.**
> Jane Hilderman

Online voting, which Elections Canada has rejected for now, had the support of 57 per cent of 18- to 29-year-olds, but only 44 per cent of those 65 and older.

Jane Hilderman, executive director of Samara Canada, which works to reconnect Canadians with politics, said today's youth are bucking trends.

"They are behaving differently and in the 2015 election they did turn out differently than people did before," she said.

She said young people don't all think alike, but many want more from politics than what they're getting — namely choice.

She said policy-makers would be wise to consider that.

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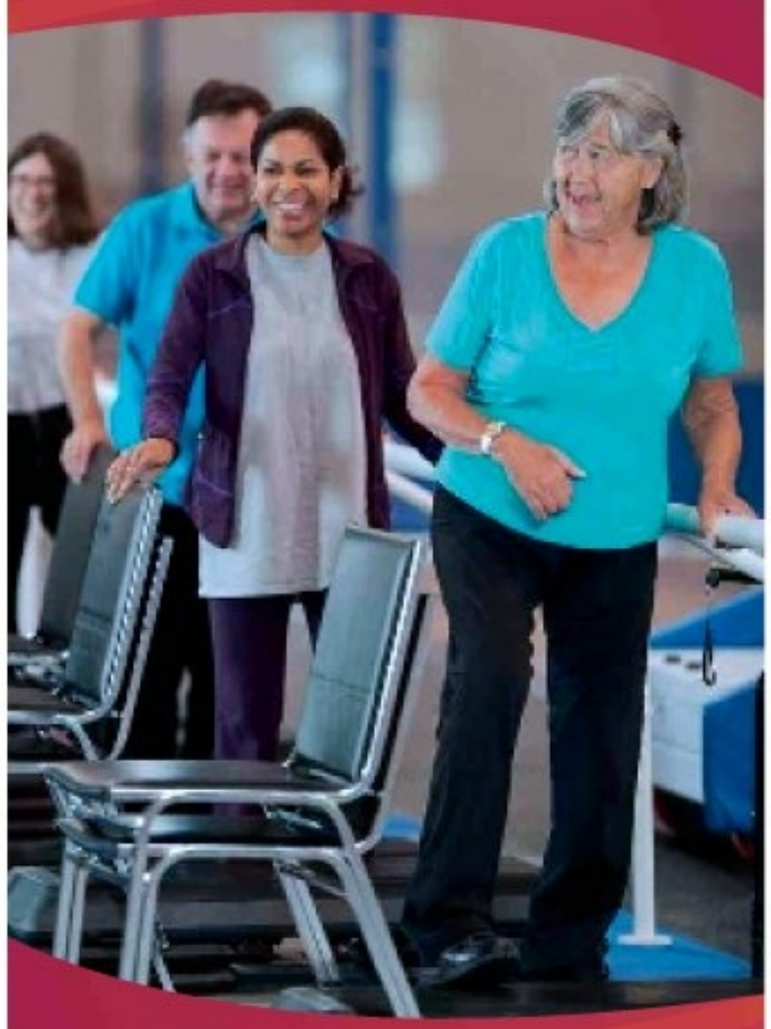

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A White House filled with drama

POLITICS

President Trump has lots of problems, but Canada isn't one

National Security Adviser Michael Flynn has left his position in the Trump administration.
THE ASSOCIATED PRESS

Prime Minister Justin Trudeau has assured his U.S. counterpart over the phone that there might be 10,000 problems that land on his White House desk — and Canada won't be among them.

How true that promise rang Tuesday. Trudeau had barely left Washington and the cheer of a drama-free day was swiftly overshadowed by an incoming storm of palace intrigue, back-stabbing, leaks, international incidents and a spying scandal that rocked Donald Trump's White House.

Trump's national security adviser Michael Flynn wandered in to watch the Trudeau-Trump news conference. It made for an awkward scene, as, just a few feet away, a U.S. journalist was chatting on air about whether Flynn might be fired.

He was, hours later.

Less than 24 hours later, at another news conference, Trump's spokesman was asked why Flynn was fired. Sean Spicer said it was because the former military man and campaign surrogate had misled the president about his phone calls.

"The evolving and eroding level of trust as a result of this situation and a series of other questionable instances is what led the president to ask for Gen. Flynn's resignation," Spicer said.

Several media outlets were tipped off about the existence of transcripts of Flynn-Russia phone calls, intercepted by U.S. intelligence. It's just one of several high-level calls leaked to journalists recently.

There are demands for a full investigation into the administration's interactions with the Russian government — Democrats want one and the idea is gaining support among Republicans.

Trump, meanwhile, tweeted: "The real story here is why are there so many illegal leaks coming out of Washington? Will these leaks be happening as I deal on (North) Korea?"

Speaking of North Korea, the nuclear-armed nation produced two surprises this week. The first was its latest missile test — as Trump spent the weekend with the leader of North Korean nemesis Japan.

Then the half-brother of North Korean leader Kim Jong Un was assassinated at an airport in Malaysia. As he died, he told medical workers he'd been attacked with a chemical spray, an official there said.

International tensions didn't end there.

Russia reportedly tested a new cruise missile despite U.S. complaints that it violated a landmark 1987 arms treaty. With respect to Russia, Spicer told Tuesday's briefing that U.S. policy hasn't changed — sanctions will remain and Russia should return Crimea to Ukraine.

Then there was Venezuela: the U.S. on Tuesday officially designated its vice-president a drug trafficker.

In the meantime, more leaks.

Several sources have now said that top White House aide Reince Priebus might be the next to hear the reality-show-star-turned-president deliver that signature phrase: You're fired.

THE ASSOCIATED PRESS

LATEST NEWS

President Donald Trump was told in late January that his top national security aide had misled his vice-president, three weeks before Trump ousted adviser Michael Flynn amid a swirling public controversy over Flynn's contacts with a Russian official, said press secretary Sean Spicer on Tuesday.

Canadian Prime Minister Joe Trudeau visits — wait, what?

Press Secretary Sean Spicer at press briefing Tuesday at the White House in Washington, DC. He mentioned Trump's meeting with PM Justin Trudeau, whom Spicer called "Joe." GETTY IMAGES

Donald Trump's press secretary, Sean Spicer, had a lot on his mind at the start of his daily briefing on Tuesday. Which may or may not explain what he called Canada's prime minister.

Joe.

Spicer used much of his opening statement to explain the forced resignation of Trump's national security adviser, Michael Flynn. Before he let reporters begin grilling him on the Flynn fiasco, he found a bit of time to mention Trump's Monday meeting with Justin Trudeau.

"Yesterday the president set — had an incredibly productive set of meetings and discussions with Prime Minster Joe Trudeau of Canada," he said, "focusing on our shared commitment to close co-operation in addressing both the challenges facing our two countries and the problems throughout the world. Our countries share a profound economic interest, with more than $2 billion in two-way trade flowing across our border every day."

It was not immediately clear if Spicer is familiar with the Molson ads featuring a Joe from Canada.

Spicer has faced mockery for his slips of the tongue, deliberate deceit and attacks on the reporters asking him questions.

Trump's chaos-plagued young administration has been struggling with basic tasks like identifying foreign leaders correctly. It has called United Kingdom Prime Minister Theresa May "Teresa," called the president of Colombia the president of "Columbia," and called the prime minister of Australia the president of Australia.

TORSTAR NEWS SERVICE

VIDEO ON THE METRO APP

Women planning next move

As Samia Assed watched election returns come in with her children and another Muslim family, she panicked when it became clear that Donald Trump would win the presidency. The Palestinian-American woman wondered if they would have to register as Muslims, as Trump said during his campaign. Would she be barred from wearing her hijab in public?

Assed has turned her fears into action, joining what advocacy groups say are hundreds, possibly thousands of women of colour, who are exploring making a run for public office. Across the country, women are gathering signatures, attending workshops, and signing up for fundraising and public speaking classes as they set their eyes on school board seats, city councils, state offices, and even Congress.

Just how many women of colour will actually seek office is anyone's guess. Advocacy groups say it's too early to determine how many women will formally file papers, but they believe the number could triple. Some are deciding on what position to seek, while others are waiting for 2018 or 2019, advocates said.

VoteRunLead director Erin Vilardi said the group has seen a jump in the number of women interested in politics. The New York-based group typically draws 50 to 100 participants for webinars like "From Protester to Politician." But since November, the webinars have attracted more than 1,000 participants each time, Vilardi said. And about half of those signing up are women of colour.

Some say Trump's win and his past comments on minorities and women sparked them to jump into politics.

Others, like Monic Behnken, 44, cite the divisiveness of the presidential campaign or Democrat Hillary Clinton's defeat among the motivating factors.

THE ASSOCIATED PRESS

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Attention shifts to PM's Europe trip

FREE-TRADE DEAL

Ratification vote expected to coincide with visit

Feeling a sense of relief following Donald Trump's remarks on the future of U.S. trade with Canada, business leaders are now hoping for a second wave of positive news out of Europe.

Corporate Canada is shifting its focus to Prime Minister Justin Trudeau's trip across the Atlantic later this week.

Trudeau's visit is expected to coincide with the European Union's ratification vote on its free-trade deal with Canada, an agreement nearly scuttled last fall due to opposition from a small region in Belgium.

"The prime minister is now off to hopefully put (the Canada-EU free trade deal) in his pocket and bring it home from Europe, which would also be good news," John Manley, the president of the Business Council of Canada, said.

Canada is expected to ratify the deal after the European Parliament gives its OK, which is expected to come Wednesday. The next day, Trudeau will arrive in Strasbourg, France, where he will extol the merits of liberalized trade in a speech to the European Parliament. He will then travel to Berlin for a meeting with Chancellor Angela Merkel, where the trade message is expected to be reinforced.

Business leaders in Canada said they were somewhat comforted by Trump's comments Monday after his first face-to-face meeting with Trudeau.

In particular, they highlighted the president's remark that the U.S. was in favour of "tweaking" the North American Free Trade Agreement, rather than ripping up or dramatically changing the deal, as Trump had vowed to do during the election campaign. "We'll be doing certain things that are going to benefit both of our countries," Trump said.

There are expectations in Canada that the president's words will help lift business confidence after weeks of companies wondering what the future will hold.

THE CANADIAN PRESS

INFRASTRUCTURE

Spending pushed to next year

The federal government won't be able to spend millions in infrastructure money this year.

Documents released Tuesday show that $828 million that was budgeted to be spent this year on the Liberals' new infrastructure plan will be moved over to the coming fiscal year that begins April 1. That amount represents about a quarter of the $3.27 billion budgeted for new and existing infrastructure programs in the 2016-2017 fiscal year.

Spending analyses show that about one-quarter of infrastructure funds don't get spent in the year for which they are budgeted for a number of reasons. THE CANADIAN PRESS

150 WAYS of looking at Canada

POSTCARD NO. 15

GRUNDY LAKE PROVINCIAL PARK

The Beaver Dams Trail at Grundy Lake Provincial Park in Ontario is special to me because I was just starting to be interested in photography and I really got to experiment. The bridge picture was my proudest moment and still hangs in my dining room. It inspired me to do more. **Rebecca Karton**

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metro VIEWS
Your essential daily news
Wednesday, February 15, 2017

JESSICA ALLEN ON SOLIDARITY SISTERS

It's good to see conflict in feminism as it strives to include women across race and class. It means it's breathing, alive, and thriving.

On Sunday night, the eve of Galentine's Day no less, Adele told the world her Album of the Year Grammy should've gone to Beyoncé. And then, as if the universe was steered by the forces of sisterhood, the top of the trophy popped off, leaving a piece for each.

It was a shining moment of female friendship. A gesture of solidarity between powerful female voices, Bey's mouthed words to Adele echoing into the era: "I love you."

It was amazing to see undercurrents that sometimes splinter the movement — questions of race and power, who gets included or excluded and why — seemed to melt away.

It was almost enough to make you forget that the institution representing power in the music industry gave the biggest award of the year to a white woman, again.

That beautiful moment also reminded us that though female friendship is a powerful short-hand for solidarity, this stuff is complicated. Really complicated.

Meanwhile, over at HBO, the season premiere of Girls illuminated the seedier side of female relationships.

Hannah Horvath, played by show creator Lena Dunham, lands a column in the New York Times by mining the pain generated by her best friend hooking up with her ex.

This stuff is complicated. Really complicated.

The byline leads to a meeting with the editor of the SlagMag: "We're basically hiring you for your look, your vibe and your shape. Just your whole thing," the editor, played by Chelsea Peretti, says. It is something Hannah's always wanted to hear.

The forces of female friendship split Adele's Grammy, so a piece could rightfully go to Beyoncé, Jessica Allen writes. GETTY IMAGES

She's sent on an assignment sold as "stupid and rad." She must infiltrate a surf school in the Hamptons attended by rich women, whom she will pick apart in print.

In a single scene, a woman slaps a scarlet "A" on her one-time friend while the editor reduces Hannah to a caricature and pays her to do the same to other women.

The second episode, which airs this Sunday, delves further into the complicated, sometimes volatile interactions between women. Shoshanna, played by Zosia Mamet, has landed a new marketing job and is eager to network at an event hosted by WEMUN, Women Entrepreneurs Meet Up Now.

It's a chance for "amazing business women" to connect and talk about how to "synergize and mobilize."

Jessa, lost professionally and personally, tags along, functioning as the audience's Greek choir, asking Shosh why she wants to surround herself with this brand of woman, especially with membership fees at $2,000.

"Whether it's how to rock a romper at a work event or who you should be voting for, a WEMUN woman is the person to ask," a co-founder tells the group. "Is it open for trans women? The answer is we don't know, OK?"

Not just a great punch line, that "we don't know" was refreshing. Having the courage to say "I don't know" when dealing with something as complex as the power of half the planet is hell of a lot better than the mission statement demanded by some after the Women's March on Washington.

Remember when Gloria Steinem and Madeleine Albright, two towering figures of feminism, told progressive young women who to vote for? Now that a man who has a public record of demeaning women is president of the U.S., this infighting over what some might consider minutiae of feminism, seems quaint.

The thorny problem here: feminism, which at its most basic means equal opportunities for women in every sphere, doesn't mean that 3.5 billion people have to agree with each other. Equality and liberty mean very different things, which is why the French made sure to include both words in their national motto.

It's good to see conflicts in the feminist movement as it strives to include women across race and class. It means it's breathing, alive, and thriving.

We are not going to agree on everything, which is why Girls, a show about four millennial white women living in Brooklyn is so good: it revels in the mess.

Though Hannah does express a sentiment that transcends all boundaries: "I definitely feel more like a dumpling than a woman," she said.

Welcome to the club.

Jessica Allen is the digital correspondent on CTV's The Social.

VICKY MOCHAMA

Don't bother asking the liar-in-chief for any answers on Flynn

With the late-night resignation of Donald Trump's national security adviser Michael Flynn, the question has to be asked: What did the president know and when did he know it?

The more important question for me, however, is: Are we all talking about the same president? And are we asking about what he knows? If they hadn't made him move house, I would doubt he was aware that he was actually president.

I'm not entirely certain he has read the American Constitution.

He can't have, because he would have thought long and hard (for him) before surrounding himself with opportunistic billionaires and Mike Pence while the 25th amendment still exists.

(Section 4 of the 25th Amendment allows a majority of the cabinet to declare the president unfit to serve. It also elevates the vice-president to the presidency.)

The one thing we can be certain of is that whenever Donald Trump was told A Thing is an entirely different moment from when he actually knew That Thing. Which is, in turn, a different event from when he will ultimately, and needlessly, lie about It.

After all, this is the administration that has introduced the world to "alternative facts."

In this way, Trump is an inspiring leader. You can see his on-again-off-again relationship with the truth all over his administration. At Tuesday morning's briefing, White House Press Secretary Sean Spicer called our prime minister "Joe Trudeau." Maybe it was an accident, but the visit happened 24 hours ago. How hard is it to not screw up your guest's name?

Comically-innocent errors have been few and far between. Everything else is far more dangerous.

The promise to repeal and replace the Affordable Care Act looks poised to just be a repeal. "Draining the swamp" has included putting billionaires from Goldman Sachs and ExxonMobil in the cabinet.

From the wild manipulations of adviser Kellyanne Conway to the mendacity of Spicer to the alleged threats from Omarosa Manigault, the staff are clearly taking their cues from the top.

Aside from the actual access he has to nuclear weapons, the daily danger that Trump possesses is that of a clueless white man speaking loudly on things he knows nothing about. This is an archetype who, when questioned, will lie and obfuscate.

As reported last summer in the Washington Post, in a 2007 deposition lawyers caught Trump in a lie 30 times. Try lying 30 times at your job today. They'll either make you CEO or show you the door. (Don't tell them I sent you; I take no responsibility.)

In this alternate reality we're living, the question should be asked: What did Trump voters know and when did they know it?

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metro LIFE

Your essential daily news

Wednesday, February 15, 2017

ABC has named a black woman as its Bachelorette for the first time in the show's history. Rachel Lindsay, a 31-year-old attorney from Texas, will lead the 13th season of The Bachelor spinoff.

Heartwarming winter soul food

With these three heartwarming recipes, not only will you enjoy a toasty afternoon in the kitchen, you'll be able to savour all the comforting results throughout the week... **RICARDO LARRIVÉE** TORSTAR NEWS SERVICE

Spice-rubbed Pork Chops

Makes 4 servings.

You wouldn't think that a recipe that requires just 10 minutes of prep could yield such remarkable results, but that's the thing with pork chops: They're fast and delicious. This recipe pairs them with a brown sugar rub filled with the five-alarm fragrance of chili powder, black pepper, cumin and garlic, which caramelizes into the most delectable crust.

Ingredients:

- 1 tbsp coarse salt
- 1 tbsp brown sugar
- 1 tbsp chili powder
- 1/2 tsp ground black pepper
- 1/2 tsp ground cumin seeds
- 1/4 tsp garlic powder
- 4 bone-in pork chops, 1 inch (2.5 cm) thick, trimmed

Directions:

1. In a bowl, combine all the ingredients, except for the pork chops. Place the meat on a plate. Coat and rub with the spice mixture. Cover and refrigerate for at least 2 hours or overnight.

2. Preheat the grill, setting the burners to medium-high. Oil the grate.

3. Grill the pork chops for 4 to 5 minutes on each side for medium-rare doneness. Let rest for 5 minutes. If desired, garnish with chopped celery leaves.

Beef and Leek Confit Open-Faced Sandwich

Makes 4 servings.

The linchpin component here is the leek confit, which sounds fancy but is easy as pie to make: It's simply seasoned leeks baked for 40 minutes in cream and butter. Served over crusty country bread and topped with hot mustard, cheese, arugula and thinly sliced flank steak, it makes for a simple but memorable meal.

Ingredients:

For leeks:

- 2 leeks, cut into pieces 1 1/4 inches (3 cm) thick
- 1/4 cup (60 mL) 35 per cent heavy cream
- 1/4 cup (55 g) cold butter
- Salt and pepper, to taste

For beef:

- 1 flank steak or beef strip loin, about 1 lb (450 g)
- 2 tbsp (30 mL) olive oil

For sandwiches:

- 4 slices country bread
- 2 tbsp (30 mL) Dijon mustard
- 8 oz (200 g) firm cheese (Marechal, Comté, Gruyère)
- 1 cup (25 g) baby arugula
- Pepper, to taste

Directions:

1. To make the leek confit, with the rack in middle position preheat the oven to 400F/200C. In a baking dish, spread the leeks in an even layer and cover with the cream and butter. Season with salt and pepper. Cover and bake for 40 minutes. Uncover and continue baking for about 5 minutes. Set aside.

2. Heat oil in skillet over medium heat. Add meat and brown on both sides until desired doneness. Set aside on a plate and let rest for about 15 minutes. Thinly slice the meat.

3. To make the sandwiches, move oven rack to highest position and preheat broiler. Place bread slices on a baking sheet. Spread with mustard and cover with cheese. Broil for about 5 minutes or until cheese is melted and bread begins to toast. Garnish with sliced beef, leeks, and arugula.

Cheddar and Broccoli Soup

Makes 4 servings.

Broccoli is a hard sell for some kids, but not in this recipe, which includes so many other favourite flavours: cheddar cheese, cream, chicken broth, even ham! The result is a hearty soup that's creamy, salty and smoky, and the embodiment of comfort food.

Ingredients:

- 1 shallot, finely chopped
- 1 clove garlic, finely chopped
- 3 tbsp (40 g) butter
- 4 thin slices ham, finely chopped
- 1/4 cup (40 g) unbleached all-purpose flour
- 1 pinch ground nutmeg
- 3 1/2 cups (875 mL) chicken broth
- 1/2 cup (125 mL) 35 per cent heavy cream or 15 per cent cooking cream
- 1 tsp (5 mL) whole-grain mustard
- 2 1/2 cups (225 g) grated mild orange cheddar cheese
- 4 cups (1 L) cooked broccoli florets

Directions:

1. In a saucepan over medium heat, soften shallot and garlic in butter. Add ham and cook for 2 minutes. Sprinkle with flour and nutmeg and cook for 1 minute, stirring. Add broth, cream and mustard. Bring to a boil over medium heat, stirring with a whisk.

2. Simmer gently for about 5 minutes. Remove from heat and stir in cheese until it is melted completely. Add broccoli and heat through, without boiling. Lightly season with salt and pepper. Transfer to serving bowls.

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JOHANNA SCHNELLER WHAT I'M WATCHING

Sugar, sugar is flowing a little too freely as Riverdale beds in

THE SHOW: Riverdale, Season 1, Episode 2 (Netflix)
THE MOMENT: The pep rally

K.J. Apa is Archie and Lili Reinhart is Betty in Riverdale, a dark version of Archie. NETFLIX CANADA

A student has died, but the pep rally goes on, led by the dead student's twin, Cheryl Blossom (Madelaine Petsch), queen bey-otch. Archie (K.J. Apa), a hunky football star, spies his estranged emo pal Jughead (Cole Sprouse) by the bleachers.

"I didn't mean all that crap I said to you," Archie says. "I'm sorry."

"It's cool," Jughead shrugs. Then he grins. "We're not gonna hug in front of this whole town. So why don't we just do that bro thing where we nod like douches and mutually suppress our emotions."

Josie (Ashleigh Murray) and the Pussycats, a trio who wear cat ears, begin singing, "Baby want your sugar I'm ready to get served," and then segue into a hip hop version of Sugar, Sugar. The marching band and cheerleaders — including Betty and Veronica (Lili Reinhardt and Camila Mendes) join in.

I think this moody, self-referential take on the classic comic book series is in on the joke — that it's both homage to and send-up of self-serious, pre-Golden Age TV dramas.

I called it Twin Peaks 90210 before I even knew that a star of the former, Madchen Amick, plays Betty's mom, and a star of the latter, Luke Perry, plays Archie's dad.

But despite all the knowing updates — Betty's bestie is gay, Moose is a jock-in-the-closet, and people say things like "Can't we in this post-James-Franco era liberate ourselves from the tired jock/artist dichotomy?" — I still think this is an adult's idea of teenagers. No kid today cares about the in-joke references, and nothing can make Sugar, Sugar cool.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

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ROSE REISMAN THE SAVVY EATER

THIS WEEK: Just how salty is your soup?

Watch out if you're warming up this winter with a hearty bowl of soup.

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Panera Low-Fat Vegetarian Garden Vegetable Soup with Pesto

Calories 120
Fat 3.5g
Sodium 1100mg

SKIP THIS

Panera Low-Fat Vegetarian Garden Vegetable Soup with Pesto in a Bread Bowl

Calories 740
Fat 5g
Sodium 2090mg

HERE'S WHY

Equivalent in sodium to 219 Rold Gold Classic Style Pretzel Sticks.

Soup is the ultimate comfort food during the frigid months of winter. A low-fat, veggie-based soup is a simple way to have a healthy part of your meal, but serving it in large bread bowl will sink you nutritionally. The bread bowl is equivalent to 6 slices of bread. This gives you an unnecessary addition of over 6 times the calories and almost double the sodium. Don't eat your bowl! Get a small whole grain roll on the side if you're craving carbs.

LIQUID ASSETS PETER ROCKWELL

Any port in a storm? Not quite, get the real thing

For drinkers of my vintage our first taste of port came out of a big bottle worth about what we now consider bus fare. It wasn't made in Portugal, far from it, and Portuguese winemakers spent years seething over the use and abuse of the name of their signature liquid output by a multitude of foreign countries.

In 2013 Canadian vineyards agreed to stop using the term port to describe their fortified wines; choosing instead to go with the less geographically specific term tawny. (Just to add a bit of confusion, tawny is also used in Portugal to describe a variety of aged wines).

While my generation still struggles with the changeover, millennial-aged consumers only see port as Portuguese. Falling in love with all the sublime personalities the real stuff offers.

If you're looking to discover (or re-discover) Portuguese port, Warre's Otima 10-Year-Old Tawny (500ml, $21.95-$26.99) is a super-smooth aged version with round caramel and soft, nutty flavours that drinks well chilled or at room temperature.

Prices reflect the range across the country. Some products may not be available in all provinces.

FOOD BANKS GROW THEIR OWN WAY

Shortages spurring action

In a bid to make up for a shortfall of high-quality nutritious food, some Canadian food banks are growing their own — and even farming fish.

The Mississauga Food Bank recently launched AquaGrow Farms, where tilapia is being raised in tanks and lettuce is raised through hydroponics, or without soil. Executive director Christopher Hatch said the Ontario food bank is the first in Canada to be producing its own fish.

"It's not a complete solution, but it's certainly in the right direction and it shows the community we're thinking creatively about how to solve this problem," said Hatch.

Clients of a food bank depot in Surrey, B.C., part of metro Vancouver, will also be the recipients of leafy salad greens, thanks to hydroponic growing walls donated by Living Garden Foods.

THE CANADIAN PRESS

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DISCOVER YOUR SPIRITUAL SIDE

CONTRIBUTED

Every spring Spirit Seekers Winnipeg brings those interested in tapping into the universal energy together to share and learn about spirit communication, meditation and angels.

"It's about self-development, universal energy and all things metaphysical and spiritual," explains Kristen Verin-Treusch of the conference, now in its ninth year. "It morphs away from the paranormal and into the realm of spirit communication like mediumship, channelling, tarot and crystals."

The conference runs March 18-19 at the always a little spooky, Fort Garry Hotel.

This year's schedule is packed with speakers from Winnipeg and abroad offering workshops and lectures on a variety of metaphysical and Universal subjects.

A special Psychic Fair will also run over the two days, (10 a.m. to 5 p.m.) with a wide variety of card readings available and workshops to help participants learn to make contact themselves.

Entry into the market is only $5, with all net proceeds going to CancerCare Manitoba. Full day passes, which include individual classes, are $60 per day.

Verin-Treusch says both the conference and the fair attract a wide-range of people every year.

"Like the name says, we get a lot of spirit seekers who are seeking information and experiences to help them pursue their own personal journey," she says. "It's a hub for people to see what practitioners are doing in the city, and sign up to take their courses outside the conference.

"Spirit Seekers provides hands on learning, and gives like minded people the chance to meet and the opportunity to find some answers."

See spiritseekerswinnipeg.ca for fee information, ticket purchases, and to see the conference's full schedule.

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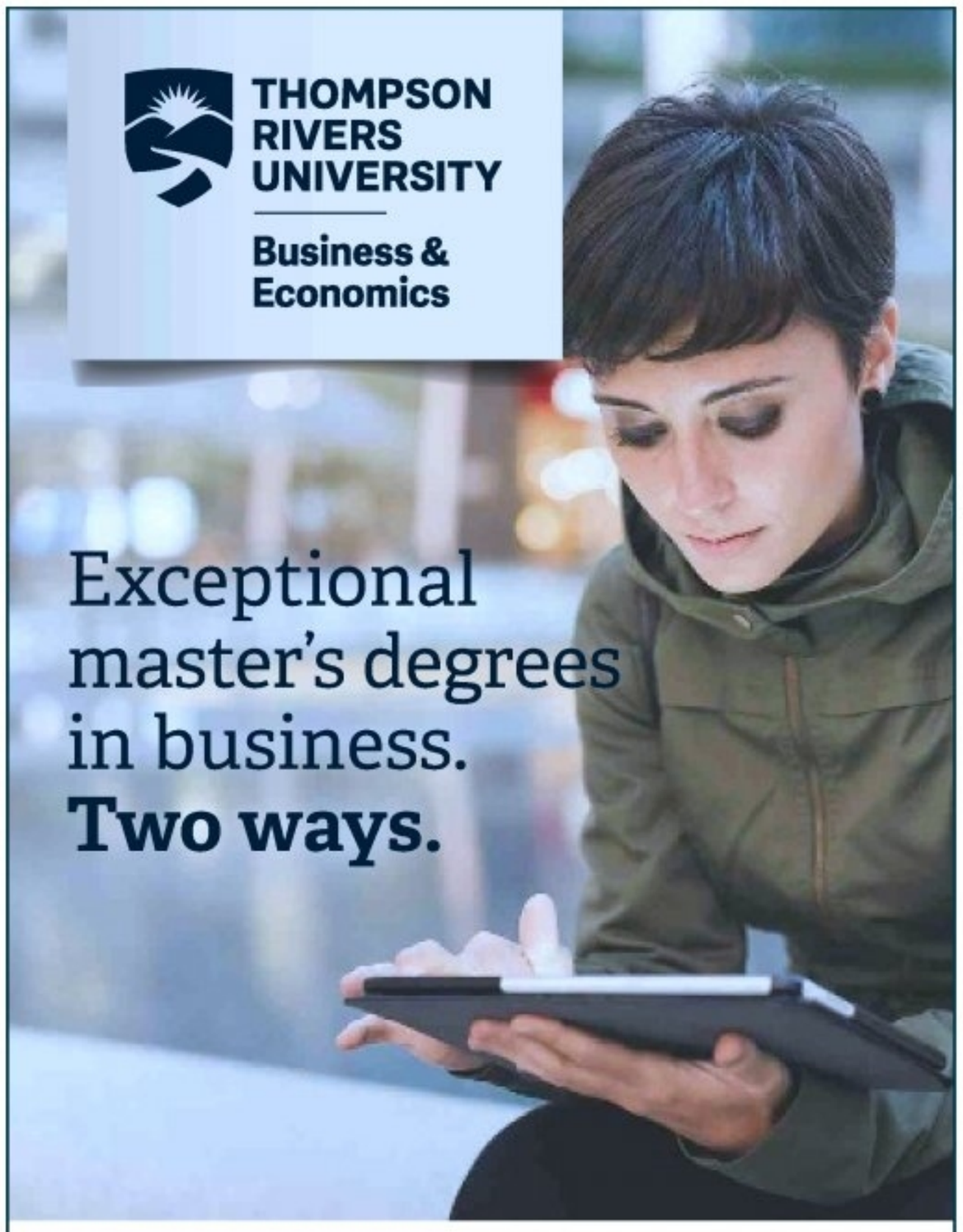

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More ways to earn your MBA without pausing your career

One of Thompson Rivers University's (TRU) key values is accessibility. It is a principle, says the school's director of graduate business programs, that makes its master of business administration (MBA) program one of Canada's most flexible.

"The traditional full-time format doesn't work for every student," says Victoria Martin. "Some are unable to or don't want to pause their careers for up to two years, some have other commitments and some live in remote areas without a local university. That's why we offer such flexible study options."

TRU, while facilitating traditional full-time and part-time MBA formats, also offers an accelerated one-year alternative (allowing those with an acceptable undergraduate degree in business or commerce to enter directly into the second year of the full-time program), a fully online option and a blended online-in-person learning delivery.

"Our online option attracts working professionals, who find the flexibility enables them to achieve their goals while maintaining their careers," says Martin. "Our on-campus program typically attracts slightly younger students who see a strong value in the network-building aspects and enhanced extracurricular activities of the face-to-face experience."

Delivery isn't the only choice TRU MBA students make. The school also offers a course-based or research-based completion option. Martin says in the course-based MBA, students complete four courses in advanced topics such as innovation and entrepreneurship and decision analysis and modelling. In the research-based completion option, meanwhile, students complete a thesis or a graduate project.

"Ours is a general MBA, designed to provide graduates with a set of skills that is transferable to any type of role, organization or industry," she says. "We recognize most of us will change careers several times during our working life and we want our graduates to be well equipped for any path they choose."

WE WANT OUR GRADUATES TO BE WELL EQUIPPED FOR ANY PATH THEY CHOOSE

– Victoria Martin, TRU director of graduate business programs

TRU's School of Business and Economics has also been innovative in its development of other graduate programs. In September, it will launch two master's degrees in environmental economics and management.

"If you're passionate about making a difference in the field of sustainability management, these programs will give you the tools and knowledge to achieve change from within the system," says Martin.

metro WHEELS
Your essential daily news

Up for auction: 2005 Ford GT once owned by racing champion Jenson Button

Corolla safety features add value

REVIEW

XSE: Safer and sleeker but still not very fun to drive

Jodi Lai
AutoGuide.com

The Toyota Corolla is simultaneously one of the most loved and most hated cars on the market. Millions of people buy Corollas, yet car snobs will go on and on about how boring they are.

Here's the truth: For what it is — a budget compact sedan — the Toyota Corolla is perfectly fine, especially because it has just been refreshed for the 2017 model year.

There are a lot of misconceptions we have to clear up about the 2017 Toyota Corolla.

People will tell you it's garbage because it feels like a cheap car. But while the Corolla can't match a Lexus or even a Honda Civic in terms of swankiness, but it's not as bad as you've heard.

The 2017 Corolla gets a new look that gives the sedan some personality. It doesn't seem as cheap, both inside and out. LED headlights and a backup camera are now standard, but more importantly, so is Toyota's safety technology package.

Where most other cars in this class make you pay extra, the Corolla includes automatic emergency braking with pedestrian detection, lane departure alert with steering assist, adaptive cruise control and automatic highbeams as standard equipment. That's a huge deal, considering this car starts at $18,500 in the U.S. and $16,390 in Canada.

One oddity is that blind spot monitoring is an option on the Corolla, something drivers may find more useful day to day.

Another misconception is that the Corolla is awful to drive, which isn't 100 per cent true either. In the city, the Corolla is actually pretty great. It's easy and fuss-free, it has great sightlines and off-the-line acceleration isn't terrible. The turning radius is nice and tight so parking and completing U-turns is easy.

It's when you take the Corolla on the highway where it becomes a little depressing. The steering gets extra vague and twitchy, but even worse is that the engine is borderline unresponsive when trying to make a pass. The Corolla is powered by a 1.8-liter four-cylinder engine with 140 horsepower and 126 pound-feet of torque — great in the city, but just not very good at high speeds.

As tested, this Corolla comes with heated seats, a push-button start, keyless entry, auto-dimming rearview mirror, an eight-way power driver's seat, leather-like seating, a sunroof and navigation as options.

In terms of value, the Corolla undercuts the Civic on price while still offering more important standard features at base level. Even fully loaded, the pricing isn't out of whack, but topline models start to step on the toes of much better, more complete cars that might offer a better driving experience or feel more luxurious.

THE CHECKLIST | 2017 TOYOTA COROLLA XSE

THE BASICS

Engine: 1.8L four-cylinder
Output: 140 hp, 126 pound-feet of torque
Transmission: CVT
Fuel Economy (L/100 km): 8.3 city, 6.7 hwy, 7.5 combined (CVT)
Price: Starts at $16,390/$26,928 as tested

LOVE IT

- Generous standard features and safety equipment
- Affordable
- Roomy

LEAVE IT

- Lackluster driving dynamics on highway

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An Atlanta zoo has named a cockroach after Patriots quarterback Tom Brady after losing a Super Bowl bet with a Rhode Island zoo

Laine lovin' hat tricks

NHL

Rookie breaks third-period tie before applying dagger

Jets rookie Patrik Laine had his third hat trick of the season, which included the game-winner, as Winnipeg beat the Dallas Stars 5-2 on Tuesday night at MTS Centre.

Joel Armia and Blake Wheeler also scored as Winnipeg (26-29-4) snapped a four-game losing skid.

Jamie Benn and Tyler Seguin's second-period goals for Dallas (22-26-10) erased a two-goal Jets lead.

Connor Hellebuyck made 34 saves in his third straight start for the Jets since Ondrej Pavelec suffered a lower-body injury on Feb. 7, improving his record to 18-15-1 on the season.

Stars netminder Antti Niemi stopped 18 of the 21 shots he faced, dropping his personal mark to 10-9-4.

The victory also snaps a five-game home losing streak for the Jets, while Dallas suffered their sixth loss in their last seven games.

Laine's winner came with 5:07 left in the game. He then completed his hat trick just over four minutes later with Winnipeg's second empty-netter to put his total at 26 goals in his 51st game.

Laine opened the scoring late in the first period. Mark Scheifele forced a turnover in the Jets' zone and turned it up ice to Andrew Copp who evaded a sprawling defender, feeding Laine to tap in his 24th of the season.

Armia fired a one-timer from the high slot off a Shawn Matthias centring pass as Winnipeg extended its lead at 7:38 of the second. Armia's fifth goal of the season is his second in the past four games — a stretch where the 23-year-old has four points.

Dallas cut the Jets' lead in half just over a minute later as Benn completed a passing play from Jason Spezza and Seguin for his 19th of the season. With Winnipeg forward Nikolaj Ehlers off for hooking, the Stars found the equalizer on the power play at 13:35 of the second as Seguin's low wrist shot from the point found its way through traffic for his 21st.

Wheeler's empty-net goal at 18:12 of the third was his 17th of the season.

The Jets head east for four games on the road, beginning with the Pittsburgh Penguins on Thursday before Canadian stops in Montreal, Ottawa, and Toronto.

The Stars wrap their four-game road trip through the Central Division on Thursday in Minnesota against the Western Conference leading Wild. THE CANADIAN PRESS

26

With his latest three-goal effort, Laine has 26 goals in 51 games.

Jets winger Patrik Laine celebrates with teammates after completing a hat trick on Tuesday night. TREVOR HAGAN/THE CANADIAN PRESS

TUESDAY at MTS Centre

5	2
JETS	STARS

CFL

Bombers extend Chungh's contract

The Winnipeg Blue Bombers signed offensive lineman Sukh Chungh to a contract extension through the 2018 season Tuesday.

Chungh was entering the final year of his contract this season.

Winnipeg took Chungh second overall in the 2015 draft. He started 18 games that season and 16 in 2016.

"When we drafted Sukh, this is the exact type of development we were hoping for and expecting, quite honestly," Winnipeg GM Kyle Walters said in a statement. "He's a hard-nosed, tough, talented lineman who plays the game on the edge and brings a feistiness to our offensive line."

Winnipeg also signed defensive lineman Drake Nevis and Canadian receiver Matt Coates shortly after the CFL free-agent period began at noon ET.

"Sukh is a big piece of our Canadian talent and we are really glad to have him secured for another year.
Kyle Walters

The six-foot-two, 301-pound Nevis had 29 tackles and five sacks in 14 games last season with the Hamilton Tiger-Cats.

The six-foot-two, 197-pound Coates, a native of Markham, Ont., had four catches for 41 yards in four games last season with Hamilton. THE CANADIAN PRESS

NBA

Raptors pull trigger on trade for Ibaka

The Toronto Raptors were cartwheeling down the Eastern Conference standings, and a sense of unease had seeped into the dressing room.

But team president Masai Ujiri made a big splash Tuesday by reeling in power forward Serge Ibaka from the Orlando Magic, acquiring a player he's long coveted. The Raptors gave up Terrence Ross and a first-round pick in the 2017 draft in exchange for a pivotal big man they hope can catapult them in the right direction.

Serge Ibaka GETTY IMAGES

Ibaka is averaging 15.1 points, 6.8 rebounds and 1.6 blocks a game this season.

The move came with the Raptors having dropped 10 of their last 14 games prior to Tuesday's match-up against the Bulls. THE CANADIAN PRESS

Therrien out, Julien in as Habs bench boss

The Montreal Canadiens fired head coach Michel Therrien on Tuesday and brought back former Boston Bruins bench boss Claude Julien to help put life back into their slumping team.

Julien became available when he was fired in his 10th season with the Bruins last week and Canadiens general manager Marc Bergevin was quick to snap him up. It is believed that a handful of other teams were also interested in the 56-year-old coach.

The Canadiens opened the season with a 13-1-1 mark but have been listless over the last two months and have a 2-6-1 record in their last nine games. There was fear of another collapse like last season, when the club went from first place to out of the playoffs after star goalie Carey Price was injured.

It is the second time Therrien is being replaced by Julien. Therrien's first stint with Montreal from 2000-03 ended when Julien took over from 2003-06. THE CANADIAN PRESS

"Today we hired the best available coach, and one of the league's best.
Habs GM Marc Bergevin

SOCCER IN BRIEF

PSG blasts Barca in first leg of Champs League meeting

Two years after being humiliated by Barcelona in the Champions League, Paris Saint-Germain turned the tables on the five-time champions with a relentless display of skill, energy and determination.

Angel Di Maria scored two goals and top scorer Edinson Cavani grabbed his 34th of the season, with both players scoring on their birthdays as PSG battered Barcelona 4-0 in the first leg of their Round of 16 contest on Tuesday. THE ASSOCIATED PRESS

Philadelphia club looking for union with tattooist

The Philadelphia Union are creating a new position, off the pitch: chief tattoo officer.

With many players and staff new to Philadelphia, the Major League Soccer team says it could use help finding a good tattoo artist. The club wants to name a shop or artist as the go-to place for Union players, coaches, staff and even supporters.

Marketing vice-president Doug Vosik says the hiring process is underway, and portfolios are being accepted. THE ASSOCIATED PRESS

MAKE IT TONIGHT

Effortless Salmon Dinner Tray Bake

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

Cooking your entire dinner on a tray is the ultimate in ease and deliciousness.

Ready in 35minutes
Prep time: 10 minutes
Cook time: 25 minutes
Serves 4

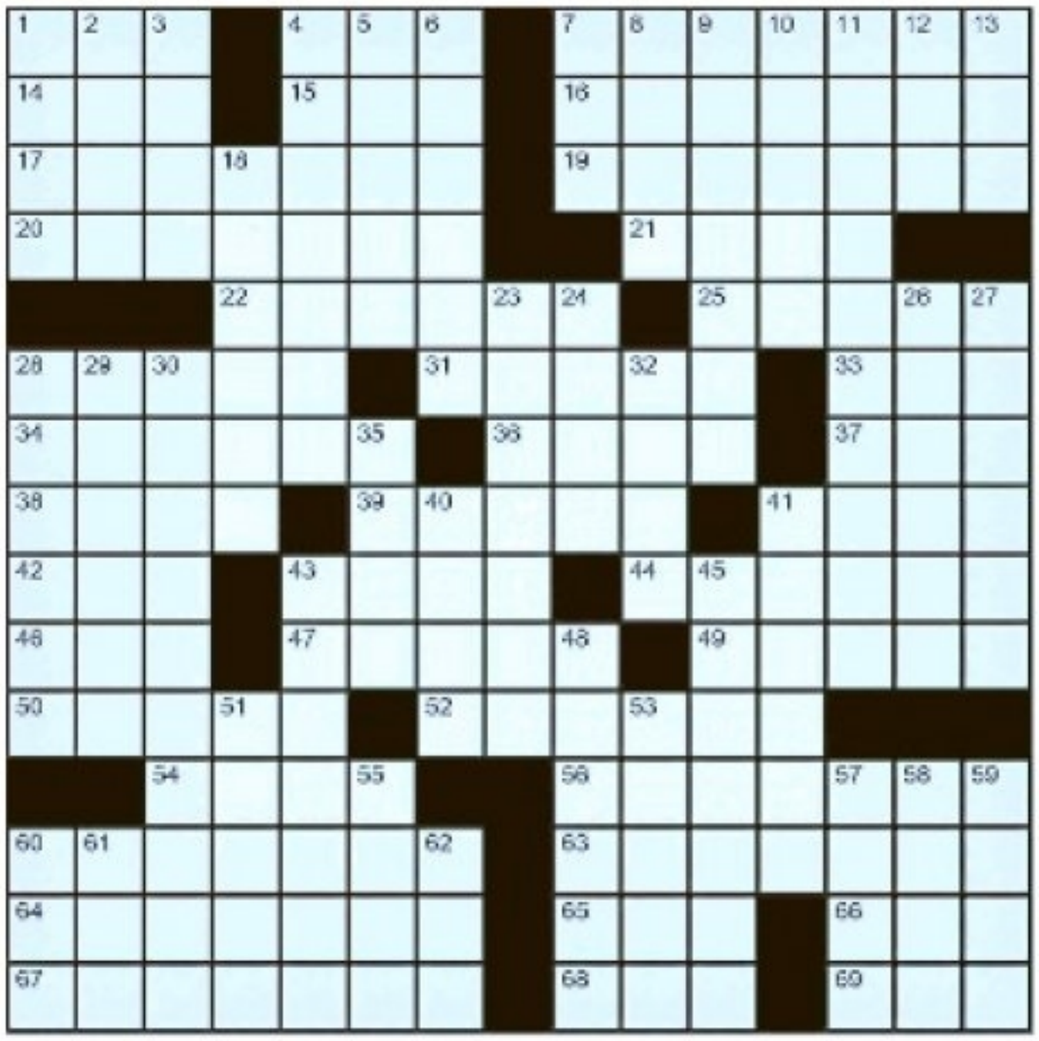
Ingredients
- 4 salmon filets
- 12 new potatoes
- 1 bundle of asparagus, washed and trimmed
- 20 cherry tomatoes
- 3 Tbsp olive oil
- 2 tsp fresh or dried thyme
- salt and pepper
- big squeeze of lemon juice

Directions
1. 1. Preheat oven to 375 degrees.
2. Line a rimmed baking sheet with parchment.
3. Thinly slice potatoes and scatter them across baking sheet. Season with 2 Tbsp of olive oil, pinch of salt, pepper and thyme. Place in oven for 15 minutes.
4. Remove tray from oven. Increase heat to 400 degrees. Lay salmon filets over the potatoes and add the asparagus and tomatoes. Return to oven for 10 to 15 minutes, or until salmon is cooked.
5. Remove from oven. Squeeze lemon juice over the whole pan and serve.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. "_ and Away" (1992)
4. Mouth, informally
7. Type of landscape feature in Wapusk National Park, in Manitoba: 2 wds.
14. Green
15. "Bravo!"
16. Hors d'oeuvres tray's ritzy roes
17. Norah Jones' musician father, Ravi _
19. Fruit loaf of Germany
20. Gown and cap wearers
21. Perfected
22. Comedians
25. TV network VIPs
28. Dog: French
31. Buddhist who has attained Nirvana
33. Quebec turndown
34. Who Achilles killed in the Trojan War
36. Mr. Brynner's
37. Roxy Music's Brian
38. 'Mars'-meaning prefix
39. Actor Mr. Davis
41. Flintstones pet
42. Mythical bird
43. Chimney stuff
44. Beer keg 'faucet'
46. Ms. Carrere
47. "Wicked Game" singer Chris
49. Niners - Eighters = _
50. Theater curtain fabric
52. Furniture polish
54. Rock guitarist Steve's
56. Followers of The Way
60. Test tube room, fun-style: 2 wds.
63. Bauble
64. Barbary pirate
65. Ms. Ronstadt, for short
66. Singer Janis
67. Skiing venues
68. HS subject
69. Texter's polite abbr.

DOWN
1. Admit, _ up
2. Patient's pain
3. Horse coat
4. Title lady in a Barenaked Ladies song: 2 wds.
5. _ clock
6. "Prince of _: The Sands of Time" (2010)
7. "Sussudio" singer ...his initials-sharers
8. "I could _ _ horse I'm so hungry!"
9. Shorebirds with stilt-like legs
10. Bathroom cleaning brand
11. Ottawa-Gatineau's annual festival Winterlude as it is known in French: 3 mots
12. Iron _
13. American cable channel
18. Kind with: 2 wds.
23. Where to see the works of art at #30-Down: _ Garden, at Ottawa's Confederation Park
24. Feng _
26. Sarah _, "The Terminator" (1984) character
27. Snobs
28. Business meeting graphics
29. Courageous
30. They have created fantastically frigid sculptures at #11-Down: 2 wds.
32. Pub beverages
35. Aussie hoppers
40. Sudsy stuff
41. Have your meal at home: 2 wds.
43. Resembling
45. Travelling via a bouncy retro stick
48. Tea maker's need
51. Retort to "You are not!": 3 wds.
53. "Beyond the Sea" singer Bobby
55. "Who knows?" = "Qui _?", en francais
57. Bypass
58. Blue/green
59. RR depots
60. "Proud Mary" gr.
61. Tilling tool
62. Loni Anderson's famous ex ...his initials-sharers

✷ IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

♈ **Aries** March 21 - April 20
This is an upbeat day to deal with members of the general public. It's also a good day to enjoy the company of partners and close friends.

♉ **Taurus** April 21 - May 21
Co-workers will be supportive of you today, because everyone is in a good mood. Work-related travel is likely.

♊ **Gemini** May 22 - June 21
This is a fun day for sports events, playful activities with children, the arts, social occasions and romance. Whatever you do will expand your day in a funfilled way.

♋ **Cancer** June 22 - July 23
The earlier part of this day is excellent for real-estate deals. This also is a wonderful time to entertain at home. Invite the gang over.

♌ **Leo** July 24 - Aug. 23
This is a positive day for those who are in sales, marketing, writing, teaching or acting, because you really are on your game! All Leos feel upbeat and positive.

♍ **Virgo** Aug. 24 - Sept. 23
This is a good day for business and commerce because you're not afraid to think big. A positive attitude with great expectations almost always will yield good results.

♎ **Libra** Sept. 24 - Oct. 23
Today the Moon is in your sign, lined up with lucky Jupiter. This makes you generous and sympathetic to others. You feel optimistic and willing to help wherever you can.-

♏ **Scorpio** Oct. 24 - Nov. 22
You might put your needs second today to help someone who is in dire straits. You will do this because it feels rewarding to do the right thing.

♐ **Sagittarius** Nov. 23 - Dec. 21
You'll enjoy hanging out with others today, especially in clubs, teams and classes. There's a strong sense of camaraderie with others, especially if you are working for a common goal.

♑ **Capricorn** Dec. 22 - Jan. 20
Your enthusiasm for something will impress bosses, parents and VIPs today. They see your positive attitude as an asset, and they are willing to bet on you.

♒ **Aquarius** Jan. 21 - Feb. 19
This is a good day to make travel plans because you are enthusiastic about what is possible. You're not afraid to think big and reach for the impossible.

♓ **Pisces**
Feb. 20 - March 20
You can benefit from the wealth and resources of others today, which is why gifts, goodies and favours will come your way.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

			5	1				
			8		3	2		
		1					6	
	5		6					1
1					8			7
4		6	7	3				2
2	4		9				7	
		9				5		
		8	3	2	7	4	9	

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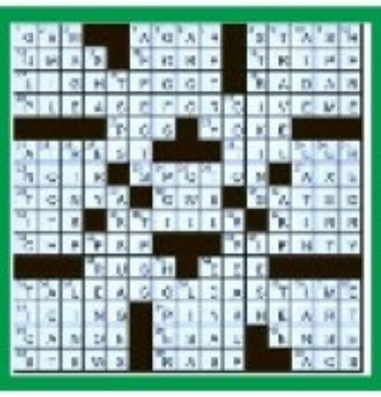
YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games



7	4	2	6	9	3	1	8	5
5	8	9	7	1	4	3	6	2
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6	9	3	4	7	8	2	5	1
8	1	4	9	2	5	7	3	6
9	5	6	2	4	7	8	1	3
1	2	8	3	6	9	5	7	4
4	3	7	8	5	1	6	2	9

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